



State Resources for Seniors in Louisiana

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

Food Assistance Programs for Seniors

A balanced diet is essential to keeping older adults fit and healthy. But, it can be difficult to get the nutrients you need on a limited budget. Fortunately, Louisiana seniors can find assistance in getting the nutrients they need from Meals on Wheels, food pantries and government programs.

Meals on Wheels

Meals on Wheels delivers healthy meals to thousands of seniors throughout Louisiana. These services ensure older adults receive the nutrients they need to stay fit and healthy. Each Meals on Wheels has its own eligibility guidelines and delivery schedules.

	Area Served	Address	Phone Number
East Baton Rouge Council on Aging	East Baton Rouge	5790 Florida Boulevard, Baton Rouge, LA 70806	(225) 923-8000
Caddo Council on Aging	Caddo Parish	1700 Buckner Street, Suite 240, Shreveport, LA 71101	(800) 256-3003
Ouachita Council on Aging	Ouachita Parish	2407 Ferrand Street, Monroe, LA 71201-3248	(318) 387-0535
Terrebonne Council on Aging	Terrebonne Parish	995 West Tunnel Boulevard, Houma, LA 70360	(985) 868-7596
Jefferson Parish Council on Aging	Jefferson Parish	1221 Elmwood Park Boulevard, Suite 605, Jefferson, LA 70123	(504) 736-6262
Cajun Area Agency on Aging, Inc.	Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, St. Mary and Vermilion parishes	110 Toledo Drive Lafayette, LA 70506	(337) 572-8940
Beauregard Council on Aging	Beauregard Parish	104 West Port Street, Deridder, Louisiana 70634	(337) 463-6578
Caldwell Council on Aging	Caldwell Parish	307 Main Street, Columbia, LA 71418	(318) 649-2584
Webster Parish Council on Aging	Webster Parish	1482 Sheppard Street, Minden, LA 71055	(318) 371-3056

Food Pantries

Food pantries across Louisiana help seniors and low-income residents get the food they need by distributing canned fruit and vegetables, rice, pasta and other items. Each pantry sets its own guidelines to determine who is eligible to receive assistance.

	Area Served	Address	Phone Number
East Baton Rouge Council on Aging Lotus Food Pantry	East Baton Rouge	5790 Florida Boulevard, Baton Rouge, LA 70806	(225) 923-8000
Foodnet	Acadiana	P.O. Box 3177, Lafayette, LA 70502	(337) 232-3663
The Food Pantry of New Orleans	New Orleans	13040 I-10 Service Road, New Orleans, LA 70128	(504) 940-1654
Tangi Food Pantry	Hammond	2410 W. Thomas Street, Hammond, LA 70401	(985) 429-8551
North Shore Food Bank	St. Tammany Parish	125 West 30th Avenue, Covington, Louisiana 70433	(985) 893-3003
Food Bank of Northeast Louisiana	Caldwell, East Carroll, Franklin, Jackson, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union and West Carroll parishes	4600 Central Avenue, Monroe, LA 71203	(318) 322-3567
Food Bank of Central Louisiana	Allen, Avoyelles, Catahoula, Concordia, Grant, LaSalle, Natchitoches, Rapides, Sabine, Vernon and Winn parishes	3223 Baldwin Avenue, Alexandria, LA 71301	(318) 445-2773
Food Bank of Northwest Louisiana	Bienville, Bossier, Caddo, Claiborne, DeSoto, Red River and Webster parishes	285 Mount Zion Road, Shreveport, LA 71106	(318) 675-2400

Government Assistance Programs

If the help you require is not provided by food pantries or Meals on Wheels, you could be entitled to receive assistance from the following government-run programs.

	Area Served	Address	Phone Number
Supplemental Nutrition Assistance Program (SNAP)	Statewide	Contact your local Department for Children and Family Services (DCFS) office	(888) 524-3578
LaCap Food Assistance Program	Statewide	Contact your local DCFS office	(888) 524-3578
Commodity Supplemental Food Program	Statewide	628 North 4th Street, Bin #4, Baton Rouge, LA 70802	(800) 522-3333