



State Resources for Seniors in Mississippi

At AssistedLiving, we understand that learning about and accessing the assistance you need isn't easy. We created this guide to help seniors and their families learn about the available financial assistance options for senior living and senior care in your state so you can focus on what matters: finding the right senior care for your loved one. In the following resource guide, learn about the financial assistance options for senior care and senior living in your state, what benefits the different programs offer, who is eligible, and how to apply.

Food Assistance Programs for Seniors

Some seniors have a difficult time maintaining adequate nutrition during retirement. Some aren't physically able to cook for themselves while others can't afford groceries.

In the following tables, we've listed the contact information for a few programs that could help you meet your dietary needs. Home-delivered meals provider Meals on Wheels and a variety of food banks are included, as are government-funded options.

Meals on Wheels

Meals on Wheels delivers healthy, prepared meals to the homes of seniors who would likely have to move to a senior care facility because they're unable to cook for themselves and are at risk of malnutrition. The program is available throughout the state and administered through its Area Agencies on Aging.

	Area Served	Address	Phone Number
Meals on Wheels - Central Mississippi A.A.A.	Yazoo, Warren, Simpson, Rankin, Madison, Hinds and Copiah counties	1020 Center Pointe Blvd, Pearl, MS 39208	(662) 981-1516
Meals on Wheels - East Central A.A.A.	Clarke, Jasper, Kemper, Lauderdale, Leake, Neshoba, Newton, Scott and Smith counties	280 Commercial Dr, Newton, MS 39345	(800) 264-2007
Meals on Wheels - Golden Triangle A.A.A.	Winston, Webster, Oktibbeha, Noxubee, Lowndes, Clay and Choctaw counties	106 Miley Dr, Starkville, MS 39759	(662) 324-7860
Meals on Wheels - Southern A.A.A.	Covington, Forrest, George, Greene, Harrison, Hancock, Jackson, Stone, Wayne, Lamar, Jefferson Davis, Jones, Marion, Pearl River and Perry	10441 Corporate Dr, Gulfport, MS 39503	(228) 868-2311
Meals on Wheels - North Delta	Coahoma, DeSoto, Panola, Quitman, Tallahatchie, Tate and Tunica counties	P.O. Box 1488 Batesville, MS 38606	(662) 561-4100

Meals on Wheels - North Central	Attala, Carroll, Holmes, Grenada, Leflore, Montgomery and Yalobusha counties	28 Industrial Park Blvd, Winona, MS 38967	(662) 283-2675
Meals on Wheels - South Delta	Bolivar, Humphreys, Issaquena, Sharkey, Sunflower and Washington counties	P.O. Box 1776 Greenville, MS 38702	(662) 378-3831
Meals on Wheels - Southwest	Adams, Amite, Claiborne, Franklin, Jefferson, Lawrence, Lincoln, Pike, Walthall and Wilkinson counties	100 South Wall Street Natchez, MS 39120	(601) 446-6044
Meals on Wheels - Three Rivers	Calhoun, Chickasaw, Itawamba, Lafayette, Lee, Monroe, Pontotoc and Union counties	P.O. Box 690 Pontotoc, MS 38863	(662) 489-2415
Meals on Wheels - Northeast	Alcorn, Benton, Marshall, Prentiss, Tippah and Tishomingo counties	P.O. Box 600 Booneville, MS 38829	(662) 728-6248

Food Pantries

Mississippi has three large food banks that work closely with many smaller food pantries and soup kitchens throughout the state. You can reach out to one of the food banks to find out more about the closest pantries near you, or try contacting a pantry directly.

	Area Served	Address	Phone Number
Mississippi Food Network	Entire State	440 W. Beatty Street, Jackson, MS 39201	(601) 353-7286
Feeding the Gulf Coast	Southern Mississippi	1501 34th St, Gulfport, MS 39501	(228) 896-6979
Twelve Baskets Food Bank	Perry, George, River, Pearl, Stone, Jackson, Hancock and Harrison counties	1450 North Street, Gulfport, MS 39501	(222) 822-0836
Olive Branch Food Pantry	Desoto County	10947 MS-178, Olive Branch, MS 38654	(662) 895-2913
A.M.E.N. Food Pantry	Corinth	104B W Linden St, Corinth, MS 38834	(662) 643-5864

Nettleton F.A.I.T.H. Food Pantry	Nettleton	102 Front Ave, Nettleton, MS 38858	Email instead
The Lord's Food Pantry	Jackson	2508 Emmett Avenue, Jackson, Mississippi 39213	(769) 208-5836

Government Assistance Programs

You may also qualify for food assistance from the government. Its programs listed below cater to seniors on low incomes, and they're available across the state.

	Area Served	Address	Phone Number
S.N.A.P.	Statewide	Check the county's Department of Human Services office	(800) 948-3050
Commodity Supplemental Food Program	Statewide	200 South Lamar St., Jackson, MS 39201	(601) 353-7286
General Assistance	Statewide	Check the state site for directions to service providers near you	(800) 948-3090